

When your arteries look as bad as this the doctors say your only choice is surgery ...

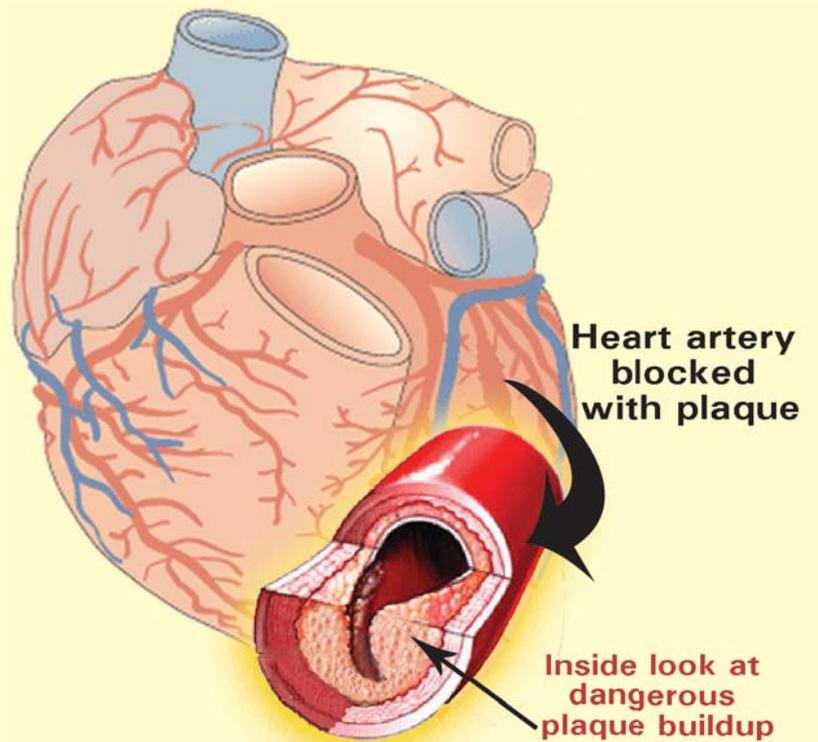
# They're Wrong!

A simple, safe, and inexpensive procedure you do at home could be your salvation from heart disease, high cholesterol, circulatory problems, and even cancers.

But don't take my word for it.

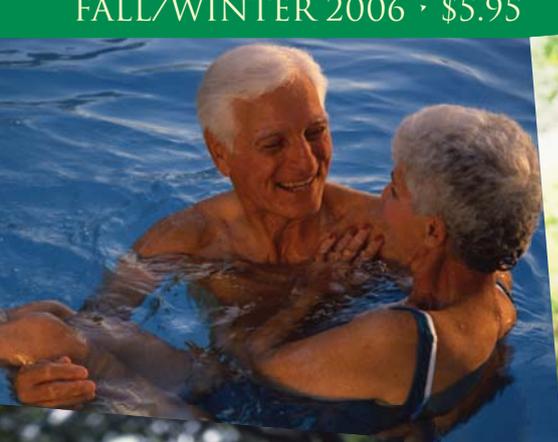
A two time Nobel Prize winner believed in this therapy. And he lived an active, vibrant life for over 93 years.

**WARNING:** The medical establishment does not want you to know this information. If you do, it will cut into the \$28 billion dollar "industry" they call CABG.



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What can you do to keep the doctor from saying...

# You Need a Bypass!

Dear Friend,

You're out in the garden. It's hotter than normal, and you're working harder than you usually do. But it's a great day, and you don't want to stop.

Then it hits you. A sharp, pressing pain in the middle of your chest. You try pushing it away for a moment, but you can't ignore it for long.

Your body's clammy. And the sweat that's pouring from you is no longer from exertion. Something's wrong. Terribly wrong.

911. Ambulance. Frantic rushing around in emergency.

They shoot you with nitro to stop the pain in your chest. (Oh, my, what a headache that gives you!) Then they give you morphine to

*(continued ...)*

## Inside

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dull the nitro headache. This isn't how you thought it would end. And it doesn't have to end this way ...

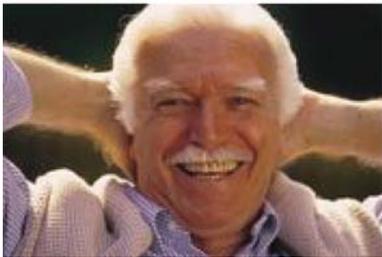
## **The doctor says, "You need a bypass!" But you have alternatives he'll never tell you about**

And as you drift between abject fear and drug-induced haze, the doctor tells you the "good news." You haven't had a heart attack. Yet. You have angina.

But he suspects major blockage in your coronary arteries. He calls it CVD. He wants to run some tests. "And," he tells you, "prepare yourself and your family for your surgery."

In the state you're in, you have no idea what he just said. But later you learn that angina is the name for the sharp, pressing pain in your chest. CVD means Coronary Vascular Disease (or cardiovascular disease). It's a fancy term for clogged arteries.

## **Haven't Felt This Good in More Than 5 Years**



*My wife and I have been taking CardioClear for about three weeks. About a year ago, I had a heart attack and a double bypass. Since taking an oral EDTA chelator, my blood pressure has dropped 10 to 15 points. I have lost about 5 lbs in weight. The numbness in my fingers and toes has almost disappeared. And my energy level has at least tripled. I haven't felt this good in more than 5 years, and I want to thank you.*

**P. Cromwell,  
Big Bear Lake, CA**

But I'm not going to call it any of these terms today. I'm not going to hide the seriousness of the pain and fear you or a loved one experiences behind medical jargon and impersonal initials. I'm going to call it what it is: Heart Disease.

You ask him if you can get a second opinion. "Of course," he says. "You're always entitled to a second opinion. But there might not be time. We really should do this NOW!"

Most medical professionals talk in absolutes. They don't want you to know you have choices. It's not because they're trying to control your life ... necessarily. It's because they truly believe they know what's best for you.

And they think what's best for you is the medical and surgical procedures they're familiar with. So they don't always tell you the whole story.

One of the choices about your heart they don't want you to know is this:

### **Heart disease: A serious problem ... Being attacked the wrong way**

Today, I'm going to tell you about one of the safest, most effective alternatives to invasive heart procedures.

I know you've heard of these invasive procedures: coronary artery bypass graft surgery (also called CABG,

pronounced “cabbage” by the medical community) and angioplasty (also called PTCA).

The alternative is so safe it’s been used for over 50 years on men, women, and children to reverse the damaging and often fatal effects of heavy metal poisoning. And it’s been used to stop, reverse, and even cure heart disease and many other problems brought on by damaged circulation for almost as long.

This alternative therapy could save you—or someone you love dearly—from unnecessary

**This alternative therapy could save you—or someone you love dearly—from unnecessary pain, suffering, financial ruin ... even death.**

pain, suffering, financial ruin ... even death.

The first systematic clinical study of this alternative therapy was published in 1956. In this study, 20 patients with confirmed heart disease were treated. The results: 19 of the participants experienced significant improvement as measured

in terms of increased physical activity.<sup>1</sup>

And the clinical studies hardly stop there. There have been numerous studies throughout the next 50 years proving the safety and effectiveness of this therapy.

*(continued ...)*

## **Two-Time Nobel Prize Winner Urged Use of EDTA Chelation Therapy**

In the history of the Nobel Prize, only one person has won this coveted prize twice ... without sharing it with another winner. That person was Linus Pauling.

Pauling won his first Nobel Prize in Chemistry for his groundbreaking work in determining how atoms join together to make molecules. Then in 1962, he won the Nobel Peace Prize when he was honored for his then unpopular stance against nuclear weapons.

This great humanitarian and man of giant intellect researched and wrote extensively in the field of alternative and nutritional medicine ... including EDTA chelation therapy.

Here are Linus Pauling’s own words about EDTA chelation:

“For more than twenty years, I have devoted most of my time to research and education in the fields of nutrition and preventive medicine. I have written and lectured extensively about simple, safe and inexpensive measures to improve the length and quality of life. EDTA chelation therapy fits in well with my views on health care.

“EDTA chelation therapy makes good sense to me as a chemist and medical researcher. It has a rational scientific basis, and the evidence for clinical benefit seems to be quite strong. Metallic ions play an important role in the formation of atherosclerotic plaque. EDTA removes those ions with relative safety and without surgery.

“Published research and extensive clinical experience show that EDTA helps to reduce and prevent atherosclerotic plaques, thus improving blood flow to the heart and other organs. The scientific evidence indicates that a course of EDTA chelation therapy might eliminate the need for bypass surgery. Chelation has an equally valid rationale for use as a preventive treatment.”



# The Doctor Says I Need an An

## The difference between an angiogram and an angioplasty

If you're like me and most other people, you get intimidated when you see the doctor. But if that visit also takes place in the emergency room because you're having chest pains, the intimidation factor skyrockets. And the fear can make everything you're told sound like gibberish.

So let's straighten out two important terms when it comes to your heart ... angiogram and angioplasty.

### **ANGIOGRAM (AKA arteriogram):**

A coronary angiogram is a

diagnostic test to determine the condition of your heart and the arteries that feed it. (You can have angiograms of other blood vessels as well.)

The procedure takes approximately 20-30 minutes and is not uncomfortable. After the procedure, the catheter is removed and the artery in the leg or arm is either sutured, "sealed," or treated with manual compression to prevent bleeding.

**RISKS:** The risk of serious complications from an angiogram ranges from 1 in 1,000 to 1 in 500.

*Risks include:*

- Abnormal heart rhythm
- Compression of the heart caused by fluid accumulation in the space between the muscle of the heart and the outer covering sac of the heart.
- Trauma to the artery caused by internal bleeding
- Low blood pressure
- Reaction to contrast medium
- Hemorrhage
- Stroke
- Heart attack
- Death (though very rare)

**ANGIOPLASTY:** Angioplasty is a medical procedure in which a balloon at the end of a catheter is used to open narrowed or blocked blood vessels of the heart.

More on this in a moment. Before I go into details about this remarkable treatment, let's take a look at America's number one killer: heart disease ... and some of the myths about it propagated by the medical industry.

There's no denying heart disease is a huge health problem in the United States. Over 6 million Americans will end up in the hospital this year with all types of heart disease including congestive heart failure, angina, blockages of coronary blood vessels, and stroke.

In fact, heart disease is the nation's leading killer for both men and women over age 50, among all racial and ethnic groups. It claimed the lives of over 1,408,000 Americans in 2002, about 58% of all deaths that year. Perhaps even more startling: nearly one in four American adults—about 71 million—lives with some form of heart disease.<sup>2</sup>

But heart disease isn't about 6 million nameless, faceless people. It's about you, your family, and the people you care about.

## The #1 health epidemic in the United States: Unnecessary invasive heart procedures

There is good news about heart disease. It can be reversed and even cured. But not by invasive treatments like angioplasty and coronary artery bypass graft surgery (CABG).

At best, these invasive procedures improve conditions for a while. But they really do absolutely

# Angio-Something...

Angioplasties can be performed on other arteries as well. It is not considered to be a type of surgery.

Other names include: balloon angioplasty; coronary angioplasty; coronary artery angioplasty; cardiac angioplasty; PTCA; percutaneous transluminal coronary angioplasty; heart artery dilatation.

Before the procedure begins, you are given pain medicine. Occasionally, blood-thinning medicines are also given to prevent formation of a blood clot.

The doctor (or other healthcare provider) makes a small cut, usually near the groin or armpit, and inserts the catheter into an artery. You're awake during the procedure.

Dye is injected to highlight blood flow through the arteries. This reveals blockages in the vessels leading to the heart. The balloon catheter is pushed into or near the blockage, and the balloon on the end is blown up. This is meant to open the blocked blood vessel.

In almost all cases, a device called a stent is also placed at the site of narrowing or blockage in order to keep the artery open. A common type of stent is made of self-expanding, stainless steel mesh.

In a small number of cases, a special catheter with a small, diamond tip is used to drill thru hard plaque and calcium causing the blockage. This is called rotational atherectomy.

## **RISKS:**

*The risks for any surgery are:*

- Bleeding
- Infection
- Death

*Additional risks of angioplasty include:*

- Complete obstruction of blood flow to an area of the heart
- Damage to a valve or blood vessel
- Stroke
- Abnormal heart rhythm
- Bleeding in area where the catheter was inserted
- Kidney failure
- Allergic reaction to the x-ray dye
- Death

nothing to attack the underlying cause of heart disease. And they come with very serious risks. Let's take a look at both of them.

Angioplasty of the coronary artery is a non-surgical procedure designed to relieve narrowing and obstruction of the arteries that feed the muscle of the heart. [Angioplasty is different from an angiogram. See the story on this page for the difference.]

Angioplasty is accomplished with a small balloon catheter inserted into an artery in the groin or arm, and advanced to the narrowing in the coronary artery. The balloon is then inflated to enlarge the narrowing in the artery.

When successful, angioplasty can relieve chest pain of angina, improve the prognosis of patients with angina, and minimize or stop a heart attack without having the patient undergo open-heart coronary artery bypass graft surgery.

You'll notice I said when successful. According to statistics published in the Canadian Medical Association Journal, death occurs 2.5% to 5% of the time when this "safe" procedure is done.

*(continued ...)*

## **Tremendous Improvement**

*I was diagnosed with high cholesterol and some blockage of arteries. After discussing treatment with EDTA oral chelation, 2 separate doctors advised against this form of treatment, claiming that it wouldn't work for me. I decided I would go against their advice and began a treatment of CardioClear (EDTA Chelator). I now report that I have tremendous improvement with a decrease in bad cholesterol levels and clearing of the artery walls.*

**Peter Bartok,  
Homosassa, FL**



## Your Loved Ones Deserve to Have You Around

There are many reasons to try to take care of your health. But none are more precious and more important than the people in your life you care about and who care about you.

On page 16, you can read the story of one man who was rushed through the decision of having a bypass operation. When it was all over and he was back on the slow road to recovery, he said there were only two things he really remembers clearly about the entire ordeal.

“It was the look of my wife’s face and the tears in her eyes before I was wheeled out of my room toward the operating room. That, and the grim attempt at optimism my son pretended at. After that, I knew I had good reasons to take care of myself better. That’s why I exercise regularly, eat better, take supplements, and follow an oral EDTA chelation program.”

And if your condition is fairly serious, there’s an 18.2% probability that you’ll experience a nonfatal heart attack because of the procedure.

And you risk these problems with a 30% to 40% chance of having the blockages return within 6 months!<sup>3</sup> The average cost of angioplasty? According to the 2001 National Healthcare Cost and Utilization Project, the cost is \$28,558.<sup>4</sup>

Angioplasty is a lot like having Roto-Rooter® ream out your drains at home. It may clear the problem for right now, but it does nothing to prevent it in the future.

### CABG... Cardiac surgeons’ full-employment strategy?

CABG surgery is the most commonly performed surgery in the United States. It is also—not so ironically—one of the most expensive and most profitable.

On average, over 500,000 CABG surgeries are performed every year ... at an individual cost of around \$60,853 ... or a total cost of over \$30 BILLION dollars.<sup>5</sup>

It’s no wonder the heart surgery industry loves this procedure. They can’t afford to lose all that money.

### Angioplasty and CABG are stopgap measures

However, don’t for a moment think that this high cost ensures long-term heart health. According to the American Heart Association, you have a 40% chance of having to go back under the knife for a repeat CABG within 2 years.<sup>6</sup>

And these surgeries are not foolproof. Not by a long shot. If you or a loved one are in good health and relatively young, you have a 5% chance of dying during or after the surgery.<sup>7</sup>

However, the mortality rate for CABG surgeries rises rapidly

if you're an older patient with more serious coronary artery blockage. In those cases, the mortality rate averages as high as 30%!

### And what price will you or a loved one pay for this surgery?

CABG comes with serious side effects. It can take as long as a year for a full recovery. Many people who've undergone CABG surgery experience persistent post-operative bleeding, leg pain and discomfort from where the artery was removed to graft onto the heart, and persistent heart arrhythmias.<sup>8</sup>

As if these side effects weren't bad enough, if you have CABG surgery, you have a high chance of having long lasting neurophysiologic problems after the surgery including depression, loss of mental functioning, and loss of memory. CABG patients experience such severe and lasting memory problems.

It is almost as if they had Alzheimer's.

All these problems with angioplasty and CABG surgery might be worth suffering if these invasive procedures actually fixed the problems that got you there in the first place.

They don't. Angioplasty and CABG surgery are at best stopgap measures. The medical establishment has placed them on a pedestal and offered them as salvation to heart disease sufferers. But the medical establishment is not giving you the whole picture.

They'll tell you your angina, shortness of breath, or other heart problems are caused by blockages in coronary arteries that feed your heart. That's correct ... as far as it goes.

But coronary arteries are relatively large. So if they're blocked, what do you think happens to your arteries as they get smaller and smaller? They're blocked, too.

When blockages form in these much smaller blood vessels, you develop problems like numb or tingling feet and hands. Or fuzzy, foggy headedness. Or kidney damage. Or hundreds of other related problems.

(continued ...)

## New Life to an 88 Year Old



*Following by-pass surgery six years ago, three angioplasties, a rotoblater and, last August a stent, I suffered from frequent angina and elevated blood pressure.*

*Thanks to the Internet, I discovered CardioClear [EDTA Chelator]. It's proven to be a lifesaver. After three months, I am rid of all angina and my blood pressure has returned to normal. Thank you for giving new life to an 88 year old.*

Elenor L.

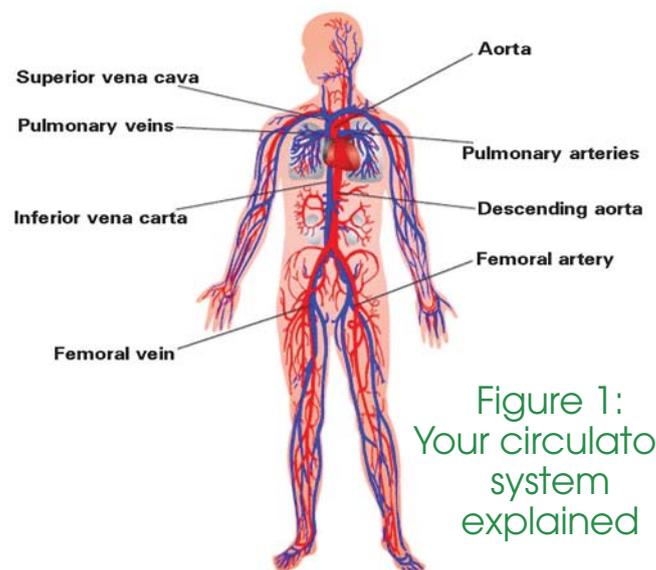


Figure 1:  
Your circulatory system explained

## The Medical Establishment's Double Standard

The most frequent criticism leveled by critics of non-traditional and alternative medical therapies is that new treatments are “unproven.” They haven’t been “proven” by randomized, double-blind, controlled studies—even if they’ve been shown safe and effective by hundreds or even thousands of years use.

Those criticisms ignore the fact that most medical procedures routinely performed in the practice of medicine are also unproven using those same criteria.

The Office of Technology Assessment—a branch of the United States Congress, with the help of an advisory board of university faculty—has published a report that stated:

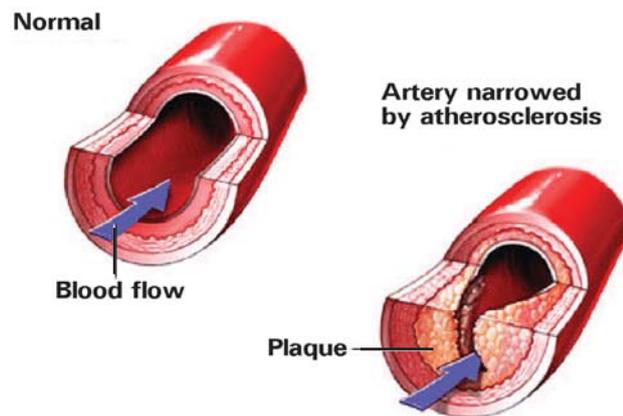
“... only 10 to 20 percent of all procedures currently used in medical practice have been shown to be efficacious by controlled trial.” [Emphasis added]

That means that 80% to 90% of medical procedures routinely performed are unproven. That report also points out that research which purports to prove effectiveness of the remaining 10% to 20% of medical procedures is often times flawed: “ ... many of the other procedures may not be efficacious.

Recent reports conclude that from 44% to 85% of coronary artery bypass surgery is routinely performed on patients who do not meet the criteria for benefit. The American Medical Association, in its official journal (JAMA 1988;260:505-509), admits that 44% of all coronary artery bypass surgery is done for inappropriate reasons.

[Adapted from the *Journal of Advancement in Medicine*, Volume 2, Numbers 1/2, Spring/Summer 1989, pages 213-226.]

Figure 2: Arteries – Healthy and Deadly



**Getting to the real cause of these blockages and eliminating the misery and death that results ...**

The medical establishment repeats over and over again that the problem is “cholesterol” or “fats.” The truth is the principle culprit in heart disease is not cholesterol or fats.

What your doctor hasn’t told you is that most heart disease comes from damage to the sensitive lining of the arteries, medically known as atherosclerosis. Atherosclerosis is present not only in the coronary arteries, but also in your entire body including the brain, lungs, kidneys, and legs.<sup>9</sup>

And what causes atherosclerosis? As your body ages, oxidized lipids damage the walls of your arteries. This damage is repaired with fatty substances leaving a scar. Calcium and oxidized cholesterol are incorporated into the resulting scar tissue. The resulting lesion is called an atherosclerotic plaque and the disease process is called atherosclerosis.<sup>10</sup>

Calcium! The same chemical element responsible for healthy bones and teeth is responsible for hardening your blood vessels. But that doesn’t mean you should cut down on calcium in your diet. Quite the contrary.

Calcium is far too important in keeping your teeth and bones strong that you should not eliminate it from

your diet. In fact, you should use additional supplementation with calcium and vitamin D on a normal basis.

Instead, the key to overcoming and reversing atherosclerosis is to remove damaging calcium from the walls of all your blood vessels.

### **Over 50 years of safe history protecting against the ravages of heart disease**

Research done at Providence Hospital in Detroit demonstrated that the cleansing procedure I've been referring to does just this. It removes what the study called "metastatic calcium"—calcium that's been deposited in arteries, joints, kidneys, even the bones of the inner ear where it causes dangerous health problems.<sup>11</sup>

**The key to overcoming and reversing atherosclerosis is to remove the damaging calcium from the walls of all your blood vessels**

By removing the metastatic calcium, this therapy effectively dissolves the plaque that causes heart disease. Dissolve the plaque and the blockages shrink or disappear completely.

It even dissolves plaque in the tiny arterioles and capillaries ... something angioplasty or bypass surgery cannot do. This relieves or entirely eliminates the serious symptoms atherosclerosis causes in your extremities and brain.

Good-bye plaque. Good-bye angina. Good-bye fear and worry about heart disease ... and the pain it brings to you, your family, and the people you care about.

There's a good chance you've heard about this amazing artery-cleansing procedure before. It's called EDTA

## **Peripheral Vascular Disease Vanquished**

*I'm 72 years old, in good health, and still working in my profession as a RN. About ten years ago I began to notice some tingling, then numbness in my toes. My toes began to turn from a normal pink to bluish. I also began to have cramps in my feet and lower legs.*

*The toes began to turn a deeper shade of blue, then purple. I was diagnosed with peripheral vascular disease and offered vasodilators — not good.*

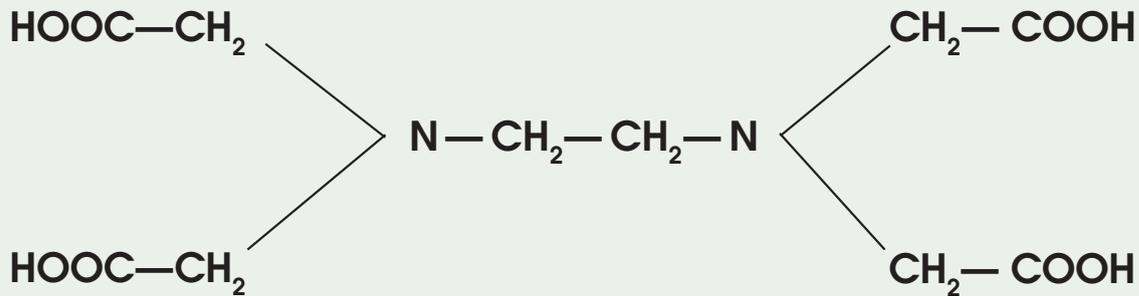
*I read about CardioClear [EDTA chelator] and decided to try it. I thought I wouldn't see any real results, if any, for several months. Imagine my surprise when after only 4 weeks, the blue-purple color began to fade, along with the numbness and cramps in my feet.*

*Within 6 months my toes were pink again and the numbness, cramps were gone. A year has passed and I will continue to take CardioClear for the rest of my life. Thank you, thank you. I never expected such a dramatic change; it was like a magic bullet for me!*

**Trish Buckingham,  
Shingle Springs, CA**

*(continued ...)*

Figure 3: The EDTA Molecule



## Ethylenediaminetetraacetic acid (EDTA)

chelation therapy. It restores blood flow throughout your entire arterial system ... from the largest arteries right down to the micro-vessels.

If you or a loved one have heart disease, or if you have a family history of heart disease, or if you simply want to effectively remove calcium from your arteries, then you should seriously consider EDTA as a safe, and inexpensive pathway to freedom from heart disease.

### A little bit of the science behind how EDTA protects your heart

EDTA is a synthetic—but physiologically safe—amino acid called ethylene-diamine-tetratacetic acid. (Thank goodness there's a shorter name.)

EDTA chelation therapy was first used in the days after World War II to counteract the effects of lead poisoning. You see, during the war, many men began getting sick ... very sick ... working in battery factories and painting ships. The main culprit was lead.

Researchers discovered that when EDTA was given intravenously, the men were cured of the

lead poisoning. But remarkably, many of the men started seeing a significant reduction in their symptoms of heart disease

*Here's how EDTA works its heart cleansing action:*

Calcification in blood vessels is an accumula-



tion of the mineral calcium and heavy metals. It's not soluble or metabolized in part because of its heavy metal content.

Take a look at Figure 3—The Molecular Structure of EDTA. Now don't worry, I won't try to run a chemistry lesson by you. But if you look at the molecule—and kind of squint your eyes—you'll see how chelation got its name. EDTA looks like a four-clawed crab. In fact, the word chelation comes from the Greek for claw.

When calcium disodium EDTA encounters calcifications, it grabs the heavy metal part in its claw. It pulls the metal away from what it's stuck on—like the wall of your arteries. The calcium is dissolved back into the blood stream for use in normal metabolic functions. See Figure 4—EDTA at Work.

Because EDTA is a synthetic amino acid and your body isn't used to it, it gets excreted along with the heavy metals from the plaque and it's scrubbed away from your blood vessels. There goes the root cause of your heart disease.

### Free radicals get flushed away ...

Many of the harmful metals EDTA flushes away are also known to cause excessive free radical production. As you know, free radicals attack many parts of your body including your cell membranes, enzyme systems, DNA, lipoproteins, and mitochondria (the cell's power plant).

By removing these free radical-causing substances, EDTA works as a powerful antioxidant, protecting you from these ravenous molecules. In fact, some chelation experts believe the benefits of chelation are due to its free radical busting power.<sup>12</sup>

### How EDTA protects you from our poisonous world

You have 1,000 times the amount of lead in your body than one of your ancestors living in the 1600s did. A thousand times more!

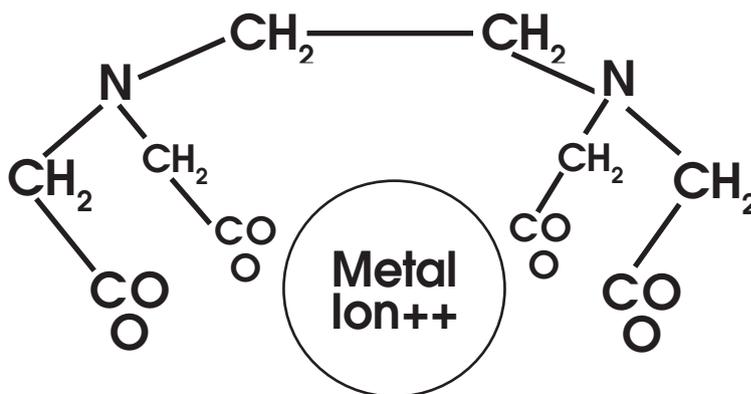
(continued ...)

## 92 Years Old and Walking Freely Again

*I have had poor circulation in my lower legs. It got to the place where I had difficulty walking. After taking the chelation pills for a few days, I can now walk more freely. Thanks for them. I will be 92 years old in April!*

William Lackey,  
Riverside, CA

Figure 4: EDTA Molecule at work



EDTA chelates a heavy metal ion

## Chelation: A Basic Part of Life

Holistic general practitioner and medical doctor James J. Julian, MD (author of *Pass or Bypass? Chelation Extends Life*) writes, “Chelation is a basic process of life itself. Without the chelation mechanism, life as we know it would not exist on this planet.”

“Chelation is the process that enables plants to take inorganic elements and change them into organic plant structure. Chlorophyll of green plants is a chelate of the mineral magnesium; blood hemoglobin (the oxygen carrier) is a chelate of iron. Chelation is the process by which the body utilizes aspirin, penicillin, vitamins, minerals and trace elements.”

Long, long before humans “invented” chelation, nature was using it to build the life we see around us. Soap is a chelator, removing grease, grime and dirt. Water softeners use a chelating agent to take out minerals out of hard water. EDTA, when used in your 100,000 miles of internal plumbing of capillaries, veins and arteries, acts in much the same way by removing metal ions that will otherwise damage us.

As Julian further explains, “A modified copy of one of these natural amino acids called ethylene diamine tetracetic acid (EDTA) is used in Chelation Therapy. It is modified to make it more predictable and dependable in removing specific elements with [positive] electric charges such as calcium and heavy metals; namely lead, arsenic, mercury, cadmium and aluminum from the body.”

So when we say EDTA chelation has a 50 year (plus) history of improving health, extending and enhancing life, we say it knowing that the process itself is really older than life itself.

Having 1,000 times the lead in your body than your ancestors puts you at risk for (among many other ills):<sup>13</sup>

1. *Cardiovascular and circulation*
  - Cardio-toxic effects
  - Increased risk of cardiovascular disease
  - Coronary artery disease
  - Cerebro-vascular diseases, stroke, cerebral hemorrhage
  - Increased risk of early death from heart attack and stroke
  - Fatigue, muscular exhaustion
2. *Reproductive effects*
  - Sterility, infertility
  - Decreased sex drive
  - Impotence
3. *Kidneys*
  - Renal damage
  - Chronic kidney disease
  - Death from kidney inflammation
  - Gout
4. *Nervous system, intellectual & mental*
  - Slowed reaction time
  - Tremor
  - Depression, anxiety, personality changes
  - Impaired concentration, deficits in short term memory
  - Cognitive function deficit
5. *Other*
  - Decreased longevity
  - Probable human carcinogen
  - Increased risk of early death from cancer and all other causes

This is true, even if you’ve eaten organic foods your entire life and lived in what you thought was a “clean” part of the world. This is because you really can’t get away from lead. It’s in foods, children’s candy, on the surfaces of roads ... even in the dust in the air sometimes.



You're probably familiar with how lead poisoning can impact brain development, behavior, and overall health of infants and children. But many people don't realize that lead has a tremendous impact on your adult body as well.

Symptoms of lead poisoning sound a lot like heart disease. In fact, there's more and more evidence that lead could be a significant cause of heart disease. So, EDTA chelation therapy makes sense if for no other reason than its well-documented ability to flush lead out of your body ... safely.

After all, EDTA has been used for over 50 years to do just that. And it is the AMA's approved procedure for removing toxic metals like lead from your system.

**EDTA works as a powerful antioxidant, protecting you from these ravenous molecules**

**Ways of protecting you are still being discovered**

Doctor Garry Gordon, MD, DO, MD(H) is widely acknowledged as the "Founding Father of Chelation Therapy." He has performed more IV chelation procedures than any other physician in the country.

Here's what he has to say about how EDTA's benefits go beyond the calcium-chelation effects:

*"I am convinced that EDTA offers many benefits far beyond those involving vascular disease... that patients in a polluted world will derive from the oral ingestion of EDTA.*

*More work is needed to identify the mechanisms responsible for some of the benefits of EDTA. One of these, for example, is the 'adjunctive' function of EDTA where benefits exceed anything that we can attribute to the simple chelation of metals."<sup>14</sup>*

## Diabetes Under Control



*I've had diabetes for about 12 years, and also arthritis and high blood pressure for 10 years. On my annual checkup 2 weeks ago—I received this report: Diabetes under control. Blood pressure OK and arthritis under control, all due to your CardioClear [EDTA chelator]. Thank you for a great alternative to prescription medication. I'm feeling better than I have for 10 years. I told my friends about this product. I finally got my 68 year old wife to try it also. I'm 69.*

*L. Furgeson*



*(continued ...)*

## 89% canceled CABG surgery

EDTA chelation's power to support healthy heart and circulation is demonstrated in numerous clinical studies. But when I talk about them, I don't want you to focus on percentages or numbers or anything like that.

Instead, I'd like you to remember that every single one of the patients in these studies was not a patient or a subject. He or she was a living, breathing person. A mother or father. A grandparent. A real person struggling to live life with the pain and anxiety of heart disease. I want you to remember that these people could be

you ... or someone you love and care deeply about.

Start by thinking about 65 people on the waiting list for CABG surgery. These people lived every day with the fear that "the big one" could happen any moment. They lived every day in pain and discomfort and concern that their heart disease was seriously affecting every one around them. They waited—on average—6 months for CABG surgery they hoped would save their lives.

So, while waiting for the surgery, these 65 mothers and fathers, sons and daughters, uncles, aunts, and grandparents, became part of an EDTA study that was reported in the *Journal of Advancement in Medicine* in 1993.

## Cholesterol Down In Only 30 Days

*Last January I had a blood test as part of a routine check up and had a cholesterol level of 261. My doctor was going to put me on the prescription drug, Lipator. I told him I wanted to try and manage the level of cholesterol with diet, exercise, and weight loss.*

*I've lost about 5 pounds, walk about 3 times a week and have been taking CardioClear [EDTA chelator] for over a month. In addition to the oral chelation, I am taking red yeast rice, as well as other vitamin and mineral supplements. I received a call from my doctor's office yesterday and they said that my cholesterol level is 188 and all other tests are within range. What has happened is quite remarkable.*

Herm Engelhardt (age 61)

**...symptoms in 89% of the people treated improved so much they were able to cancel their surgery!**

When treated with EDTA chelation therapy, symptoms in 89% of the people treated improved so much they were able to cancel their surgery!

But that's not all. In the same study, 27 people had been recommended for limb amputation because of destructively poor peripheral circulation. After the EDTA treatments, 24 limbs were saved.<sup>15</sup>

Another study included 92 heart disease sufferers who were referred for surgical intervention. At the end of the study, only 10 required surgery either during or after their chelation therapy.<sup>16</sup>

In another study of 2,870 people with various degrees of degenerative diseases—especially

vascular disease—almost 90% showed excellent improvement.<sup>17</sup>

### **Hundreds of convincing studies ... All pointing to improved heart health**

Since the early days of EDTA chelation, there have been literally hundreds of articles and medical correspondences published on the beneficial effects of EDTA chelation therapy. But don't worry, I'll only tell you about two more.

In 1993 and 1994, researchers published two meta-analyses in the *Journal of Advancement in Medicine*. (A meta-analysis is where researchers do a thorough examination of the existing published and unpublished studies.)

The results showed that in over 24,000 cases of chelation therapy, 88% of the people being treated demonstrated clinical improvement. 88%! That's over 21,000 people like you

whose lives were significantly improved by EDTA chelation therapy.

Over 21,000 fathers, mothers, grandparents, sons, and daughters who were able to walk upstairs without driving pain in the chest. Or breathless nights. Or worry about who would take care of their loved ones when their compromised circulatory systems finally gave out.

### **The most convenient and economical way to get all of chelation's benefits**

If you've heard of chelation therapy before, you've probably heard about intravenous (IV) EDTA chelation therapy. This is a procedure where the EDTA is introduced into a vein slowly over a period of 3 hours several times a month under the supervision of a physician knowledgeable in IV chelation.

*(continued page 20)*



# The Rush to “Cut” One Man’s Story of His Bypass

My nightmare began one Saturday night in November. I hadn’t felt good all day. I was walking home from a community fund-raiser through the snow, and it got harder and harder to breathe. Then the heavy pain in my back hit me.

When I got home, I tried—unsuccessfully—to sleep. At 5 in the morning, I told my wife I’d go to the drop-in clinic when it opened at 9. Because of the location of the pain, I thought I had pleurisy. From the drop-in clinic, I went to emergency where they shot me full of nitro.

The nitro stopped the pain ... but man, the headache is indescribable. Then they gave me morphine to quell the roaring headache the nitro caused.

The next thing I know, I’m in the back of an ambulance traveling 60 miles to a larger hospital. An IV in my arm dripping something into me ... including morphine. Nothing seemed real from the time I entered the emergency room. Certainly not the hour-long trip flat on my back seeing gray skies and bits of forest fly by through the window of the ambulance.

Then I’m pushed through swinging doors and down hallways. No one seems particularly excited. Not the nurse, or EMTs or anyone in the hospital. Urgent. But not excited.

Except my wife. She’s stunned.

I can’t feel much of anything. Maybe I’m in shock. But it feels more like drug-numb. I’m in a small room. A doctor enters and introduces himself. I can’t remember his name. He tells me bluntly, “You’ve had a heart attack.” I appreciated his bluntness then ... and I still do.

But what happens next is like I slid down a hole in Wonderland looking for the White Rabbit. Everything moves fast. I’m going to get an angiogram.

From the angiogram, I’m rolled back to my room. The doctor comes back in a half hour. “You’ve got one artery blocked,” he tells me. “It’s not too bad, but it’s too far away for a stent. You need a bypass.”

From there, some woman I’ve never seen before—the wife of another patient in CCU—comes in to witness my signature. I guess that’s when I gave permission for the surgery. But I really can’t ever remember doing so.

Then I’m shot with Versed—chemically induced amnesia—so I won’t remember the dicier parts of the experience. The next thing I know I’m swimming in a fog that slowly lifts. I’m numb—all over, particularly my brain. Gradually my body returns. And even more slowly, my mind.

I’ve been rearranged inside ... for the better I can only hope. I’m not sure I got what I wanted or wanted what I got. I don’t know how—while enmeshed in the anxiety, fear, and morphine—I could have given informed consent.

Looking back, I know I had enough time to seek a second opinion. After my bypass, another doctor told me I could easily have waited several weeks before being operated on. But it never occurred to me to ask. And no one at the hospital suggested it.

If it were to happen again, I know I would holler until I got a second opinion from someone not connected with the doctors or the hospital.

But I don’t expect it will happen again. Not for a long time. I’m doing things different now. More exercise (natural chelation). Better food. Stress control. Natural supplementation. And oral EDTA chelation.

WN – from far northern California

**When the cardiologist says you need a bypass ...**

## **You Gotta Believe Him ...**

**Don't You?**

One would expect health care in a small hospital in a rural town of just 80,000 people would be personal, friendly, and trustworthy. But that was not the case in a for-profit hospital in Northern California in 2002.

In October of that year the Federal Bureau of Investigation raided the medical center offices of a cardiovascular surgeon and the director of cardiovascular health at the center. The investigation came about because a lawsuit had been brought on behalf of 82 patients who were allegedly subjected to unnecessary cardiac surgery.

The lawsuit originally stated that nine of the 82 patients died. Some of the deaths have been attributed to the unnecessary surgery. It also stated that a deliberate push for high profits prompted the hospital and doctors to perform a large number of highly profitable heart procedures, whether they were necessary or not.

An operating room nurse said: “The entire hospital just rotated around [the surgeon]—just one doctor.” She said he had so many patients lined up he would rush through delicate heart procedures. “We used to call them fire drills, because he was always in a hurry because he had more cases to do,” she said.

As the investigation proceeded, the number of unnecessary procedures ballooned to 796 heart patients and at least 20 deaths. The corporation that owned the hospital at that time, agreed to pay more than \$395 million to the patients and their families.

Unfortunately, while this case is particularly atrocious, it's not that unusual. In his landmark book *Death by Medicine*, Gary Null PhD. States that an estimated 7.5 million unnecessary medical and surgical procedures are performed each year. Some of the most frequently performed unnecessary surgeries include coronary artery bypass surgeries.

According to Burton Goldberg, author of *Heart Disease*, “Coronary artery bypass surgery is called an ‘over-prescribed and unnecessary surgery’ by many leading authorities. Complications from such treatments are common and the expense to the health care system is extraordinarily high.”

And don't forget the expense to the patients and their families in financial and human terms.

So, when your doctor tells you that you need a bypass or angioplasty, tell him you want a second opinion ... from a doctor who does not work for the same corporation that pays him.

[For references to this story, see footnote<sup>25</sup>.]



## The Most Common Form of Chelation Is Free



The most common form of chelation takes place when you exercise. Strenuous exercise produces lactic acid—a natural chelator.

But if you already have problems with strength, endurance, and stamina due to plugged arteries (all 100,000 miles of them), how can you work enough to get the chelating benefits of exercise?

You can't. It's a vicious cycle. But it's a vicious cycle you can break with oral EDTA chelation and a sensible supplementation program.

IV chelation can be extremely effective for the very sickest heart patients. And because of its quick delivery of EDTA, it can also be useful for people with early stages of clogged arteries or even for those who are looking solely for chelation's protective value.

So, if you have a very serious heart condition and think IV chelation is a procedure you'd like to investigate, contact the American College for the Advancement in Medicine (ACAM) at:

**ACAM**  
23121 Verdugo Dr., Ste. 204  
Laguna Hills, CA 92653

**Phone: 800 532 3688**  
**Phone: 888-439-6891 (For doctor referral)**  
**Web Site: <http://www.acam.org>**

However, IV chelation therapy is time consuming (3 hours per visit, 8 to 10 visits per month), must be done under a physician's supervision, and can be very costly (\$800 a month or more). Fortunately, there is a much easier, far less expensive alternative that's proving just as effective when followed regularly.

### Hippity-Hopping Up the Stairs

*After a couple of weeks on chelation, I found myself walking faster ... which was a bit of a surprise, as it was unexpected. A short time later I caught myself "hippety-hopping" up the stairs. So, I'm convinced that I am making progress with the EDTA chelation. Almost forgot ... noticed that my sense of balance was improved, also.*

**Bill Martin**

This is oral chelation. Just like its name indicates, this is a therapy where EDTA is taken daily in relatively small quantities by mouth. Oral EDTA chelation uses exactly the same compound as IV chelation in doses high enough to be effective, but still safe enough to be taken without a doctor's supervision.

Many of the research studies I've already cited confirmed the power of oral chelation as a plaque buster. And there are many more devoted just to studying oral chelation. The bottom line on all these studies, though, is that oral chelation with the calcium or sodium salts of EDTA is safe, effective, and more than 10 times less expensive than IV chelation.

Because oral EDTA chelation is significantly less expensive than IV chelation, it makes it available to a much larger group of people. Using oral chelation doesn't make you build your life around repeated trips

## Blood Pressure From 145/95 to 107/70

to a doctor's office. (And no matter how beneficial those trips could be ... it's always stressful.)

With oral chelation you can take the chelating supplement on a regular schedule that meets your needs.

Once again, Dr. Gordon comments on his approval of this very effective therapy:

*"It is my firm belief that anyone using aspirin for the prevention of heart attack should learn everything they can about oral EDTA. It is my belief that EDTA is as much as 300 times safer than aspirin."*<sup>18</sup>

### Minor risks for major benefits

Now I'm not going to insult you by saying that chelation has absolutely no risks. According to Dr. Gordon, IV chelation has an extremely low risk of side effects — less than 1 in 10,000



*Just recently, I started to develop a high blood pressure problem. It was usually around 145/95. Not good. I tried vitamins, Q gel supplements, exercise, Omega-3 oils, etc. Nothing seemed to help. Then I gave your CardioClear [EDTA chelator] a try. It dropped to 107/70! Excellent! Thank you.*

Walter

patients when carried out according to accepted procedures.<sup>19</sup> Compare those risks to the 5% to 30% chance of dying with CABG surgery!

How safe is EDTA? For starters, you have its 50-year history of use as therapy to eliminate heavy metals. But even more convincing, EDTA is recognized as a safe food preservative. Take a look at the label of a mayonnaise jar. EDTA is added because it binds with iron and other heavy metals, preventing oxidation.

*(continued ...)*



**EDTA actually stimulates bone growth through a complex action of the parathyroid gland**

Some critics of EDTA therapy have expressed concerns about it depleting nutritional minerals. Their argument goes that if EDTA removes minerals from blood vessels, it must also be removing them from organs that need them (for instance, stripping calcium from bones).

In fact, there's extensive animal evidence that oral EDTA increases tissue stores of nutritional minerals and bone calcium, while lowering toxic metals! EDTA actually stimulates bone growth through a complex action of the parathyroid gland. Even though it is removing calcium from plaque in blood vessels, it has the ability to make bones stronger.

Dr. Gordon believes chelation can significantly reduce the incidence of osteoporosis:

*"We know that thousands of people have been receiving oral EDTA in quantities of 800 mg or more daily for well over 15 years without developing any signs or symptoms of the trace element deficiencies. We know that chickens fed a zinc-deficient diet eliminate all signs and symptoms of deficiency with the simple addition of EDTA to their diet.*

*"I am so convinced by the long-term safety studies of EDTA that I choose to provide my patients with this same long-term protection against oxidative damage. I believe that the approximately 95% of EDTA we do not absorb similarly helps to prevent the oxidative degradation of bile salts and other contents of the intestine, and therefore logically may help to reduce colon cancer."<sup>20</sup>*

**Even though it (EDTA) is removing calcium from plaque in the blood vessels, it has the ability to make bones stronger**

## Lead Levels Crushed

*Since working with lead for 30 years, I underwent IV chelation therapy. This lowered my blood lead level from 0.38 parts-per-million to 0.22 ppm. A few months after the IV therapy, my blood lead level was up again. My doctor said he would have to wait for a level of 40 ppm before recommending IV chelation therapy again. I took matters into my own hands and tried CardioClear [EDTA chelator]. Just over 2 ½ months of using it, my blood lead level has again dropped from 0.38 ppm to 0.24 ppm. With IV chelation as expensive as it is, I am glad to have found CardioClear!*

**William Gessner,  
Green Lane, PA**

However, anyone adopting a natural health regimen — which includes taking EDTA chelation therapy — should adopt a comprehensive mineral supplementation program. Supplementation ensures mineral deficiencies resulting from our modern diet and exposure to environmental toxins are corrected.

Mineral supplementation works in a coordinated manner to bolster the effects of chelation. Plus, any well-planned supplementation program provides health-boosting effects of its own.

## **Your health is being held hostage to the profit motive**

Okay. Let's ask the question that needs to be asked at this point. If EDTA chelation therapy is so effective, why aren't more doctors using it to treat their patients who have heart disease?

This may sound cynical on my part. But I'm afraid the answer lies in what I call "Med-Business." Hospitals, HMOs, and drug companies are no longer in medicine to help you. They are there for the bottom line. The profit motive controls what they offer to their consumers.

And CABG surgeries and angioplasties generate a huge amount of money. In 2001 this amounted to \$28 BILLION dollars for these invasive procedures.<sup>21</sup>

If you have any doubt about this somewhat cynical view being true, look at the Vioxx® fiasco. Yes, Merck withdrew this drug "voluntarily."

But according to Reuters news agency: "In the second federal trial involving a Vioxx product-

**Your doctor is trapped by  
Med-Business's profit motive  
just as much as you are**

liability lawsuit, a New Orleans jury found that Merck had knowingly misrepresented or failed to disclose a material fact to the plaintiff's physicians. It also found that doctors in the case and the plaintiff himself were not at fault."<sup>22</sup>

And this is not an isolated case.

Clearly, if EDTA chelation had a large pharmaceutical company advocating its use ... it would, at the very least, be integrated into the standard, AMA-approved treatment of heart dis-



ease. But the patent for EDTA ran out nearly 30 years ago. No patent means few or even no profits. And if the medical industry can't profit from chelation ... this safe, inexpensive, powerful treatment ... it may as well not exist.

Your doctor is trapped by Med-Business's profit motive just as much as you are. He's being pushed to see more patients in less time so HMOs can fatten their pockets. He's being wined and dined by drug companies so that he'll prescribe the latest drug of the month ... without the time or the resources to do a thorough job of researching it.

And few people ever got into trouble with their peers by doing what everybody else is doing. So it's not much of a surprise that when you show up at his office with chest pains that you're shuffled off onto the conveyor belt to an angioplasty or CABG surgery.

### **EDTA chelation benefits go beyond cardiovascular health**

I've already touched on some of the benefits EDTA chelation can bring to your life or to the

*(continued ...)*

## The Quiet Expert Who's Not Afraid to Tell You the Truth



John Morgenthaler on  
the Larry King Show

John Morgenthaler has been active in the field of nutritional medicine since 1986. At that time he launched a business that assisted AIDS groups in finding hard-to-get, experimental treatments. One of those treatments was DHEA, which did not become an over-the-counter nutritional supplement until 1995.

In 1990 John teamed up with Ward Dean, M.D. to create the book *Smart Drugs & Nutrients*, which became an international best-seller. After publication of the book, John appeared on the Today Show, Larry King Live, 20/20, and Phil Donahue, and was interviewed in Time, Newsweek, Playboy, the New York Times, Rolling Stone, Details and Cosmopolitan. This book launched Smart Publications, John's current business.

Over the next few years John co-authored several other books including:

- *Smart Drugs II*
- *Stop the FDA*
- *Better Sex Through Chemistry*
- *GHB: The Natural Mood Enhancer*
- *Natural Hormone Replacement for Women over 45* (with Jonathan Wright, M.D.).

In 1995, John co-founded a nutritional supplement company and in three years built it up to a \$4 million per year operation before selling his shares. Presently, John lives in Petaluma, California and is putting his talents towards building Smart Publications into the most authoritative publisher of books on nutritional medicine.

lives of the people you care most about. The people you want to “live forever” ... or at least live their lives to the fullest and in comfort.

But the list of EDTA's life-enhancing benefits goes far beyond what I can give here in detail. So here's a visual list that captures EDTA's power to improve your health:<sup>23</sup>

- Prevents cholesterol deposits
- Heals calcified necrotic ulcers
- Reduces blood cholesterol levels
- Reduces intermittent claudication
- Lowers high blood pressure
- Improves vision in diabetic retinopathy
- Avoids by-pass surgery
- Decreases macular degeneration
- Avoids angioplasty
- Dissolves small cataracts
- Reverses digitalis toxicity
- Eliminates heavy metal toxicity
- Removes calcium from atherosclerotic plaques
- Makes arterial walls more flexible
- Dissolves intra-arterial blood clots
- Prevents osteoarthritis
- Normalizes cardiac arrhythmias
- Reduces rheumatoid arthritis symptoms
- Has an anti-aging effect
- Lowers diabetics' insulin needs
- Reduces excessive heart contractions
- Reduces Alzheimer-like symptoms
- Increases intracellular potassium
- Reverses senility
- Reduces heart irritability
- Reduces stroke/heart attack after-effects
- Improves heart function
- Prevents cancer
- Removes mineral and drug deposits
- Improves memory
- Dissolves kidney stones
- Reverses diabetic gangrene
- Reduces serum iron levels
- Restores impaired vision
- Reduces heart valve calcification
- Reduces varicose veins

## How you can boost EDTA's chelating power

You can augment the power of EDTA chelation therapy with several natural chelating agents. Two of the best for this purpose are garlic and malic acid. Malic acid comes from a variety of unripe fruits including apples, cherries, and tomatoes. It plays a vital role in the energy-producing Krebs cycle. It also maintains proper acid balance.

Malic acid has the ability to lower cellular oxygen consumption without affecting availability. And there are a number of indications that it is critical in controlling mitochondrial function in our cells. It was tested at the School of Medicine, Reus, Spain in animal experiments against other similar chelating agents and was shown to be most effective.<sup>24</sup>

And for its part, garlic has long been praised for its overall health-boosting power. It gains a substantial part of this power from its ability to act as a chelating agent.

When used in combination, EDTA, malic acid, and garlic have a synergistic effect on each other. That is, their combined effect is greater than that of each one used separately. This is probably due to each of them acting in different ways or along different metabolic pathways.

What this means to you is this. When you decide to undergo a full oral chelation program, you will get the biggest boost using a supplement that combines EDTA, malic acid, and garlic.

## Remember: They aren't subjects or patients ... They're real people who've benefited from chelation

Think back to the meta-analyses showing that over 21,000 people have benefited in published and unpublished studies from EDTA chelation therapy. (And they represent just a fraction of the number of people who've benefited throughout the world.)

Remember, these are not statistics. These are real people with real hopes and passions, real families, and real lives that have been improved.

Each one of those people could represent you or someone in your life you love who's not "doing so well" because of damaged arteries. Each success with EDTA chelation is a signpost that there are alternatives to the costly, invasive techniques being pushed off on you by the medical establishment.

I urge you to find out how oral EDTA chelation supplementation can protect you and change your life.

Yours for a long, healthy, and enjoyable life,

  
John Morgenthaler

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Why the people who love and care about you want you to hear about ...

# The safest, most effective way to Avoid Bypass Surgery

Dear Friend,

A lot of people depend on you to stay heart-healthy ... or to get healthy if you're having problems right now.

Obviously, there's your family: spouse, children, and parents. There are also people in your community or people at work. A great many people really do care.

They all depend on you for different things: shelter, food, livelihood. But most of all, they depend on you for the love, support, and caring you bring to them.

Today you've read John Morgenthaler tell about a remarkably safe and effective way you can give these folks a gift ...

## ... The gift of your health

It's called EDTA chelation, and there are **tons of studies dating back as long ago as 50 years that prove how safe and effective this natural process is.**

John's already pointed out some of these studies, so I won't repeat what he's said. I am going to tell you how easy and inexpensive it can be for you to get yourself on a regular EDTA chelation program.

**This is a program that also harnesses the natural chelating power of garlic and malic acid ... two of the strongest natural chelating agents you can get.**

But first, I want to tell you about a good friend of mine 15 years ago. I'll call him Tom, out of respect for his family. One spring morning, Tom dropped dead of a heart attack. It was a wake-up call for me.

*(over, please ...)*

But eventually it led to ...

### A powerful approach to cardiac support

I got to thinking as I watched Tom's family at the funeral. I wanted to spare my family the grief and despair. And if I could spare some other family from that type of grief -- a family like yours -- then my job would no longer be simply a job.

I studied what seemed like a thousand different approaches to cardiovascular health. **The most compelling research studies all pointed to one thing: EDTA chelation.**

Chelation makes a lot of sense. Linus Pauling, a two-time Nobel Prize winner, said he'd researched chelation therapy. And he backed it. Think about it. The medical establishment blows off nutritional health approaches because they claim they're "not scientific."

### You can't get more "scientific" than the Nobel Prize in Chemistry

But here's a scientist, a chemist -- a man who's brilliance and knowledge of the scientific method won him the Nobel Prize in Chemistry -- saying:

"Published research and extensive clinical experience show that EDTA helps to reduce and prevent atherosclerotic plaques, thus improving blood flow to the heart and other organs. The scientific evidence indicates that a course of EDTA chelation therapy might eliminate the need for bypass surgery. Chelation has an equally valid rationale for use as a preventive treatment."

(By the way, Pauling's belief in a natural approach to health paid off for him. He lived an active, vibrant life until he was over 93 years old ... at a time most men were dying in their 60s).

**I believe Pauling far more than I'd believe a cardiac surgeon whose income depends on cutting people open.**

So let's look at some basics about heart health. Most heart and circulatory problems are caused by cholesterol, fat, and heavy metal bound up with calcium in your arteries. These deposits are called plaque. Plaque builds up from a variety of causes including inflammation, damaged vessels, and life itself!

The cardiac surgeon wants to take care of these problems one of two ways. The least invasive -- he'll tell you -- is angioplasty. **In other words, he's going to ream out your arteries.** The second way is bypass surgery.

### Cholesterol Plummetts 54 Points in Five Weeks

I donate blood every couple of months and recently I had my cholesterol levels tested at the same time. My cholesterol was 217. I decided to get on CardioClear [EDTA chelator] with Nutra-6™. Five or six weeks later my cholesterol levels had dropped 54 points to 163!

**Robert Oates, Memphis TN**

**How do you ream out a pipe  
the size of a human hair?  
With a molecule smaller than a hair!**

Your circulatory system, your internal plumbing, is 100,000 miles long! And most of it -- capillaries and arterioles -- are no bigger around than one of your hairs.

**Jogging 4 to 6 Miles  
Again**

I'm 69 years old and have jogged for years. I even ran a marathon back in 1984. A year ago, my legs began hurting and I couldn't run more than 3/4 of a mile without having to stop. I went to the doctor and he diagnosed me with intermittent claudication. He said there was no way to reverse the effects and tried to put me on blood thinners.

I started taking CardioClear [EDTA chelator] soon thereafter and within a couple months felt an improvement. Now, about a year later, I jog between 4 and 6 miles about four times a week, and I feel great! Thank you Health Freedom Nutrition!

**Jordan Tuthill**

**There's no way angioplasty can remove plaque from most of your plumbing.** The best it can do is ream out the biggest vessels that supply your heart with blood.

When you come right down to it, angioplasty is a jury-rigged, fix-it job that won't last. It'll keep you alive ... for now. **But it does nothing to fix the problem on a long-term basis!**

And bypass surgery is even more jury-rigged. You take a pipe out of the basement (your leg) and use it to repair a pipe that's feeding your heart that's in even worse shape. **It's no wonder 20% of all bypass surgeries have to be re-done within the first 2 years.**

That's why EDTA chelation makes lots of sense. While there are several theories how it works, the bottom line is that the tiny EDTA molecule -- far smaller than the diameter of a capillary -- is able to get to the plaque in the smallest of your blood vessels and flush it away.

**Natural synergism makes EDTA chelation  
even stronger**

As you read in John's article, EDTA's power is boosted when it's combined with two natural chelators: malic acid and garlic. **CardioClear® from Health Freedom Nutrition is an oral chelation supplement with all three of these very important components.**

It was designed by leading nutritional researchers to deliver the optimum amount of chelating power to your circulatory system's entire 100,000 miles.

Don't take my word on how health-supporting CardioClear can be. Read the testimonials throughout this journal to see what real people with real families have to say about CardioClear.

CardioClear is a safe, proven, and powerful way to keep your arteries clear,

*(over, please ...)*

improve circulation, and remove toxic metals and calcium deposits in support of proper cardiovascular function. Changes you may enjoy when you take CardioClear to cleanse and support your arteries include:

- **Dramatic reversal of fatigue**
- **A great boost in energy**
- **Reduction of -- or freedom from -- chest pain and tightness**
- **Increased blood flow throughout your arteries**
- **Healthy improvements in blood pressure and cholesterol levels**
- **Reduction of -- or complete freedom from -- leg pain and cramping (walk farther, faster).**

One day's serving of CardioClear brings you 1000 mg of EDTA; 1,200 mg of malic acid; 400 mg of odor reduced garlic; and 100 mg of parsley powder (for fresh breath).

### Three money-saving, life-enhancing options

Health Freedom Nutrition is offering you three ways to add the power of oral chelation to your life.

**The most powerful way to do this is with our Mega-Chelation Pack.** When you take this option, you'll get 3 bottles of CardioClear plus 3 bottles of Mineral Basics™. (This is a three-month supply of the most effective chelation formulation you can buy without a prescription).

Mineral Basics is Health Freedom Nutrition's top of the line, comprehensive mineral supplementation program. It features 12 essential minerals (calcium, chromium, manganese, zinc, boron, iodine, magnesium, molybdenum, phosphorus, vanadium, copper, and selenium) together with vitamin D-3 to enhance bioavailability.

Remember back to what John said about mineral supplementation and chelation: "... there's evidence mineral supplementation works in a coordinated manner to bolster the effects of chelation." Mineral Basics gives you that extra supplementation boost John's talking about.

**But our Mega-Chelation Pack offers even more.** It contains two bottles of our specially formulated brain enhancement formula Smart Advantage™.

**Smart Advantage enhances your life by supporting brain function and improving your memory.** Smart Advantage is an advanced, smart-nutrient formulation that's the result of



### It Was Like the Energy Was Coming Back to Me!

I'm 30 years old and put in 15+ hours every day. Lately I've been struggling to keep my spirit up. I was tired all the time ... I guess one can say that I'm overworked.

I've been trying out all kinds of vitamins and supplements over the years without getting the effect needed. Then I heard about CardioClear [EDTA chelator] and that one of the effects of using it was increased work capacity. I don't have any kind of heart related condition at the moment but there have been lots of cases in my close family, so I basically thought "it can't hurt to give it a try." After about two weeks, I began to notice a change. I was not as tired as I used to be. It was like the energy was coming back to me once again. It actually works!

**Morten Bergmann, Norway**

over 20 years of experience and research in the field of brain-enhancement through nutrition.

Smart Advantage provides you arginine pyroglutamate, Ginkgo biloba, vinpocetine, and pregnenolone for complete brain support and enhancement. These ingredients have been shown to:

- Have positive effects on your brain function right away, even the first day
- Give you benefits that build over months
- Improve memory (long and short term)
- Improve vision
- Make you feel more clear-headed and alert
- Improve your sense of balance
- Reduce symptoms of dizziness or vertigo
- Improve mood and reduce symptoms of depression
- Counteract the many negative effects of stress, both physical and mental
- Improve energy level and stamina
- Improve problem solving ability



### Keys to my Recovery

I'm 50 now. For most of my life I had extreme heavy metals poisoning which was eliminated over time by the use of EDTA. At the time, I only knew of the efficacy of IV administration. (Oral seems to be the way to go.) Lead, cadmium & mercury are all CNS toxins. A dear friend introduced me to [the book] *Smart Drugs & Nutrients* [by Ward Dean, M.D. and John Morgenthaler]. It was one of the keys to my recovery!

Many thanks. Persevere.

**Pierre Noyde**

In addition to the 3 bottles of CardioClear, 3 bottles of Mineral Basics, 2 bottles of Smart Advantage, you also get a **10% discount** and **free shipping** in our Mega-Chelation Pack. This \$201.55 worth of chelation protection, brain enhancement, and mineral support for only \$148.24 ... saving you over 26% if you were to order separately.

And when you order our Mega-Chelation Pack, **you're fully protected by our Satisfaction Assurance Program**, which I'll tell you about in a moment).

Or you can choose Health Freedom Nutrition's second option. Order a two-month supply of CardioClear. When you do, we'll also ship you FREE, a 1-month supply of Smart Advantage. This \$84.95 value costs you only \$69.90. You save over \$15 -- 17% -- when you choose this option.

And last, if you're a "Show Me" type person and want to try CardioClear for one month before committing yourself to the heart health support it can bring to you, you can get a one-month supply of CardioClear for only \$34.95.

It works ... or your money back!

You're completely protected.

Regardless which money-saving option you choose, you have nothing to worry

*(over, please ...)*



Dale Fowkes  
CEO  
Health Freedom Nutrition

about. Because you are completely protected by Health freedom Nutrition's 100% Satisfaction Assurance Program:

If you are not pleased in any way with CardioClear, call Client Services within the first 120 days. **You'll receive a full refund on your purchase price** (minus shipping and handling). **You still get to keep ... and use ... any Mineral Basics and Smart Advantage you have left.**

What could be more fair?

As I draw near to the end of my letter, I can't help but wonder what Tom's life would be like now if he'd started on an oral EDTA chelation program with CardioClear.

Please don't risk what happened to Tom. Visit our website at [www.hfn-usa.com](http://www.hfn-usa.com) or call **800-980-8780**. Order now for your improved heart health ... and for the ones you love who depend on you.

Yours for good health & a vibrant life,

*Dale Fowkes*

Dale Fowkes,  
CEO, Health Freedom Nutrition

P.S. The absolutely best deal on CardioClear is also the one that provides the longest lasting support for your heart and circulatory system. Health Freedom Nutrition offers its **Life Long Health Auto Ship Plan** so you'll never have to worry about running out on the crucial heart and circulation support CardioClear brings to your life.

When you order, you simply indicate how many bottles you want sent at a time and how often you want them shipped (every 30, 45, 60, or 90 days). Your credit card will be charged when you're shipped a new supply.

But you get two tremendous advantages.

First, you save 10% on every shipment. And, second, you will **never pay shipping or handling on these shipments.** NEVER.

Plus, when you sign up for Lifelong Health Auto Ship, you'll receive a free 24-month subscription to Smart Publications *Health and Wellness Update*.

You can cancel your auto-ship program at any time. And you are still protected by Health Freedom Nutrition's guarantee.

